Course Description: This department core course will focus on theoretical perspectives and selected current research pertinent to maladaptive behavior, and it will introduce the student to scholarly reviews and critiques of current topics in abnormal psychology. It will focus on adult psychopathology. Diverse theories pertinent to abnormal psychology, including psychodynamic, learning, and biological perspectives, will be introduced. The course will acquaint the student with the complexities of classifying, describing, and investigating maladaptive behavior. In addition, the course will foster the student's awareness of the multiple determinants of maladaptation and its development, and will provide an overview of treatment approaches for the disorders presented in the course.

Prerequisite Education: It will be assumed that the student has completed an undergraduate abnormal psychology course, preferably in addition to or combined with a personality psychology course. Students who have not had this undergraduate foundation would be well advised to acquire such an exposure prior to attempting this course, or to read the text listed at the end of this paragraph. Also those students, who may have completed an undergraduate abnormal psychology course some time ago, may find it helpful to review an undergraduate abnormal psychology text such as:


Course Goals:

1. To introduce current research methods and findings pertinent to the development, maintenance, description, and understanding of behavior deviations;
2. To provide information pertaining to description, origin, and diverse theoretical views of major areas of psychopathology;
3. To foster understanding of the DSM-5 classification system including its development, the transition from the DSM-IV, as well as its strengths, limitations, and critiques.
4. To introduce the student to the multiple and complex determinants and developmental antecedents of behavior deviations;
5. To provide an overview of approaches to treating the behavior disorders presented in the course.

Required Paper: A major integrative review paper is one of the required work tasks and learning opportunities associated with this course. A description of paper expectations is included in this syllabus. Points accorded to the paper will comprise thirty (30) percent of the course grade.

Grading Rationale: Grades will be determined on the basis of number of points acquired during the course. Points will be distributed among tasks as follows:

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<tr>
<th>Points/Percentages of Grade</th>
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<tr>
<td>Exam 1 (In class)</td>
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<tr>
<td>Exam 2 (In class)</td>
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<tr>
<td>Exam 3 (Take home final)</td>
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<tr>
<td>Research Paper</td>
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<td>Reactions to Readings</td>
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<td>Total</td>
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In general, it will be necessary to master a minimum 90% of the course points to achieve a grade in the A range, at least 80% of the points for a B range grade, and at least 70% of total possible points for a grade in the C band. The University’s plus/minus grading system will be used. The full range of grades A through F is potentially possible, as enrollment in this graduate course does not restrict the potential grade distribution to any given segment of the grade scale.
Examinations: Essay examinations will be constructed and will include integrative discussion questions, as well as briefer descriptive, comparative, or identification items. In addition, each examination will include a diagnostic section that will involve application of DSM-5 diagnostic criteria to a case description.

Attendance: Attendance at all classes, and active participation in class discussions and learning activities, are assumed and expected. Participation and completion of all scheduled examinations is a requirement for successful completion of this graduate course. Make-up exams will not be given unless there has been contact and discussion with the instructor prior to the scheduled examination. Due dates for the paper and take-home final are firm expectations. Late submissions, without prior discussion with the instructor, may result in forfeiture of all points associated with the assignment.

Relevant examination and task due dates are as follows:

- Exam 1: Thursday 2/20
- Exam 2: Tuesday 4/08
- Paper Due: Tuesday 4/22
- Exam 3: Take Home Final Distributed, Thursday 4/24
- Exam 3: Take Home Final Due, Tuesday 5/06 by 5:00 p.m.

Reading Materials and Texts:

There are three required texts:


Journal Readings: In addition, the course will require reading selected journal articles, which are found on the attached reading list. They are available for purchase in a Copyworks reading packet listed under the course number. A list of topics and reading assignments is provided on a separate course schedule.

In addition, lecture presentations and class discussions of cultural influences on abnormality will utilize as a source:


Expectations for Research Paper

General Expectations: The research paper is your opportunity to explore in depth a topic in abnormal psychology that is of interest to you. Moreover, it is an opportunity to foster your knowledge of current empirical research. In addition, it is expected that you will critically evaluate findings, identify future research needs, and reflect on the methods used in the research you have chosen to review.

Your paper should emphasize current empirical, journal based research, of the last five (5) years. The paper should integrate and synthesize what is known and/or has been investigated with respect to your topic. Your final and carefully edited product should be a focused, 15-20 page (excluding references), paper similar in content and format to an abbreviated Psychological Bulletin or a Clinical Psychology Review article, or a component of a major contribution theme article in The Counseling Psychologist. It is expected that your paper will provide a critical and integrative summary of the findings pertinent to a well-defined topic or issue.

Follow the style guidelines presented in the American Psychological Association, Publication Manual (6th ed.) (2010). Examples of this format and writing style can be found in any recent Psychological Bulletin article of which many examples can be found in the journal article readings for this course. Note, in particular, the general absence of footnotes and the division of review articles into sections, clearly labeled by section headings.
Your paper will be evaluated on four equally weighted dimensions. These dimensions, and the kinds of questions I pose in evaluating your work, are as follows. They may aid you in preparation of the review.

1. **Content**: Does the paper present recent information, based on empirical research, pertinent to the chosen topic? Is the paper sufficiently focused so that a thorough review can be achieved within the specified length? Are multiple original sources used and cited? Does the content match the stated topic and purpose of the paper?

2. **Organization-Extensity**: Does the paper have an introduction and statement of purpose? Is it logically divided into sections with appropriate transitions? Does it contain a conclusion, a summary, and an integrative critique section?

3. **Style and Format**: Is the paper free of grammatical and spelling errors? Is the writing clear? Are references appropriately used and cited? Is the paper written in a manner consistent with current APA format and style?

4. **Synthesis and integration**: Does the author tie together and/or contrast or critique findings, methods and research directions? Does the paper suggest new directions for investigation? Are there explicit and successful efforts to summarize, critique, and integrate the material presented?

**Disability Accommodation**: If you have a disability and require accommodation, please contact the instructor during the first week of the semester and indicate your need for accommodation so that your learning needs may be appropriately met. You will also need to obtain a Student Academic Accommodation Request (SAAR), a validated form to be presented to the instructor that describes the needed accommodation. It can be obtained from the following resource:

Student Disability Resources  Phone: 515-294-7220  E-mail: disabilityresources@iastate.edu
1076 Student Services Building
Ames, IA 50011-2222