Psychology 112 Section A
Psychology Learning Community
Fall 2013

Classroom: Lagomarcino W-139 or Gilman 2204; Tuesday 2:10-3:00

Instructor: Dr. Carolyn Cutrona
Office Hours: Tuesday 11:00-12:00; Thurs 1:00 - 3:00 Office: W112 Lagomarcino
Also by appointment
294-0282; ccutrona@iastate.edu

Psychology 112 is a course designed for members of the Psychology Department Learning Community. It serves three functions:

A. To cover the material in Psych 111, Orientation to Psychology, which is required of all Psychology majors (Psych 112 is a substitute for Psych 111.)

Specifically, this segment of the course will familiarize the student with:

1. Graduation requirements – You will plan out your entire 4 years of college coursework.
2. Psychology advising procedures, degree audits and registration procedures
3. Psychology faculty and type of research done at ISU
4. Opportunities to become involved in activities at ISU
5. Resources at ISU

B. To become familiar with different career options in the field of psychology
Professor Scheel and I have invited several psychologists from the community to describe what they do and what preparation is required to work in their field.

C. To begin our year-long exploration of Psychology in Action. Section A will be exploring the theme “A Bright Future for All Children; What Can We Do About The Effects of Poverty on Development?”

In this segment of the course, students will:

6. Begin to read our assigned text, Nickel and Dimed, the story of a well-educated journalist who sets out to see if she can survive on minimum wage jobs.

7. Begin to formulate a plan for enhancing the well-being of others through meaningful volunteer work in the community during spring semester. The Social Services Volunteer and Career Fair on September 11th will provide valuable information on local volunteer opportunities.
COURSE MATERIALS:

Required textbook (Do NOT buy; ISU has copies for all of you)

*Nickel and Dimed* by Barbara Ehrenreich. Publisher: Holt and Co., New York, 2001

COURSE REQUIREMENTS:

This course is graded Pass/Fail. In order to receive a satisfactory grade, you must:

- Attend and participate in **ALL classes**. Attendance will be taken at the beginning of each class period.
  
  a. If you must miss a class due to an emergency or illness, you must notify me via email or phone **PRIOR** to the class meeting time to be excused and you must meet with me or a peer mentor to make up the material covered in class. ([ccutrona@iastate.edu](mailto:ccutrona@iastate.edu) or 294-0282).

- Attend the following special events:
  
  a. **TWO** of the following:

     1. **ClubFest** (Representatives from hundreds of campus organizations will have displays): **Sept. 4th, 11:00 to 4:00** (Drop in any time) Great Hall, Memorial Union.

     3. **Fall Volunteer Fair**
        September 11th 10:00 to 2:00 (Drop in any time), Great Hall, Memorial Union

     3. **Study Abroad Fair** (See displays about options to study overseas): **Sept. 19th, 10:00 to 1:30** (Drop in any time.) Great Hall, Memorial Union.

     4. **Career Fair** (Get a feeling for the kinds of employers who recruit ISU students)
        **September 25th, Business, Industry, Technology 12:00 to 6:00 p.m.** Hilton Coliseum. (Drop in any time).

     5. **September 25th, People-to-People Career Fair 1:00-5:00,** Scheman Bldg (Drop in anytime)

  b. Attend **TWO** out of the following three events with Psychology faculty members and students:

     1. **Psych Club Picnic** (Meet and greet other psychology majors and faculty members and have a free meal, play games, etc.): **Sept. 8th 5:00 to 7:00 p.m.** at Brookside Park. Peer mentors will coordinate transportation.

     2. **Ice Cream Social at Dr. Cutrona’s House** (2631 Ridgetop Rd.)
        I’ll have ice cream, sherbet, and all the fixings! Come for a casual afternoon of snacking and ping pong and pool. **Sunday, Sept. 29nd 2:00 to 4:00 p.m.**

     3. **Social activity organized by peer mentors** (To be arranged.)
COMPLETE ALL ASSIGNMENTS:

a. Introduction to your faculty adviser
   Due: October 8th
   Introduction to your Faculty Adviser: Your faculty adviser’s name is listed in the red binder in the Psychology Advising Office. Office hours and contact information are available in the binder, on the wall outside of W022 and W112 Lago, and on the ISU Psych web page. Email your Faculty Adviser to arrange a brief meeting, or attend your advisor’s office hours. Complete the form that will be distributed in class and be sure to have the Faculty Adviser sign it before you leave. The meeting need not be any more than a brief introduction.

b. Graduation Coursework Plan
   Due: October 15th
   Develop a graduation plan. This must include specific courses you could take to graduate. Do NOT enter “elective” or “psych choice” in any of the blanks. Advisors will look over the plans, make comments and return the plans to you as either “complete” or “correct & resubmit”. This plan must be typed and submitted on the Psych template available at:
COURSE SCHEDULE

Week 1  
August 27  
Introduction  
Topic: Course Overview and Introductions [Peer Mentor icebreaker]  
W-139 Lagomarcino

Week 2  
September 3  
Speakers: Peer Mentor Panel  
Topic: Tips to survive your freshman year  
W-139 Lagomarcino

Wed September 4 Club Fest 11:00-4:00 – MU Great Hall

Sun September 8 Psych Club Picnic – 5:00-7:00 – Brookside Park

Week 3  
September 10  
Speaker: Dr. Mark Becker, ISU Student Counseling Service  
Topic: Psychology in Action on Campus  
2204 Gilman

Wed September 11 Fall Volunteer Fair – 10:00-2:00 – MU Great Hall

Week 4  
September 17  
Speaker: Jill Kramer, ISU Academic Success Center  
Topic: Time Management  
2204 Gilman

Th September 19  
Study Abroad Fair – 10:00-1:30 – MU Great Hall

Week 5  
September 24  
Speaker: Alyssa Mittleider (Your Advisor 😊)  
Topic: Tips for using advising effectively  
Bring:  
1) Psychology Undergraduate Program Booklet  
2) Degree Audit or unofficial transcript  
3) Blank template for four-year plan available at:  

Wed September 25 Business, Industry, Technology Career Fair – 12:00-6:00pm – Hilton Coliseum  
People-to-People Career Fair – 1:00-5:00pm – Scheman Building

Sun. September 29 Section A Ice Cream Social at Dr. Cutrona’s House!

Week 6  
October 1  
Topic: Planning your four-year course schedule [Peer mentors present]  
Assignment: Read Dept. of Psychology Undergraduate Program Booklet (Yellow cover)  
Bring Degree Audit or Unofficial Transcript  
MEET IN YOUR SECTION CLASSROOM
Week 7
October 8
W-139 Lago

**Topic:** Planning your four-year course schedule [Peer mentors assist]

**MEET IN YOUR SECTION CLASSROOM**

**Assignment Due:** Signed form from your faculty advisor
**Bring** Degree Audit or Unofficial Transcript

**MEET IN YOUR SECTION CLASSROOM**

Week 8
October 15
2204 Gilman

**Topic:** College and Money (Don’t go $100,000 in debt!)

**Speaker:** Dr. Doug Borkowski, ISU Financial Counseling Center

**Assignment Due:** Four-Year Course Plan typed on blank template available at http://www.psychology.iastate.edu/index.php?id=31

Peer mentor arranged social activity for each section around this time.

Week 9
October 22
2204 Gilman

**Topic:** Careers in Psychology: Psychology in the Business World

**Speaker:** Dr. Kathy Hanisch

Week 10
October 29
2204 Gilman

**Topic:** Careers in Forensic Psychology

**Speaker:** Dr. Art Konar

Week 11
November 5
2204 Gilman

**Topic:** Careers in Developmental

**Speaker:** Dr. Warren Phillips

Week 12
November 12
W-139 Lago

**Topic** What do Psychologists Study?

**Speakers:** Dr. Stephanie Madon, Social Psychology

"False Confessions"

Week 13
November 19

**Topic:** What do Psychologists Study?

**Speaker:** Dr. Jon Kelly, Cognitive Psychology: Virtual Reality Demonstration
(Represented by graduate students Lori Sjoland and Zachary Siegel)

Office and Lab Room 0016

Thanksgiving Break
November 25-29

Week 14
December 3

**Topic:** What do Psychologists Study?

**Speaker:** Dr. Nathaniel Wade, Counseling Psychology

"Forgiveness"

Week 15

**Topic:** Preparing for Volunteer Work

Finals Week
December 16 to 20

No class meeting. No final exam!
Fall 2013 Semester Dates and Deadlines

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
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<tbody>
<tr>
<td>August 30</td>
<td>♦ Last day to process a schedule change (add, drop, or section change) on AccessPlus (if no restrictions) without a fee; ♦ Last day to process a schedule change without a fee on a pink slip (if restrictions), signature of instructor required</td>
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<tr>
<td>September 11</td>
<td>♦ Fall Volunteer Fair – 10:00-2:00 – MU Great Hall</td>
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<tr>
<td>September 27</td>
<td>♦ Last day to drop a first-half semester course</td>
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<td>October 5</td>
<td>♦ Finalized Schedule of Classes for Spring 2014 will be available on-line at <a href="http://classes.iastate.edu/">http://classes.iastate.edu/</a></td>
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<tr>
<td>October 8</td>
<td>♦ <strong>Last day to drop Psych 111</strong></td>
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<td>October 18</td>
<td>♦ First-half semester courses end</td>
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<td>October 21</td>
<td>♦ Second-half semester courses begin (example: Lib 160)</td>
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<tr>
<td>October 26</td>
<td>♦ First day of Spring 2014 registration for seniors (Oct 31 for Juniors; Nov 7 for Sophomores; Nov 14 for Freshmen)</td>
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<tr>
<td>November 1</td>
<td>♦ <strong>Last day to drop</strong> a full-semester course or withdraw ♦ Last day to change a full-semester course to Pass/Not Pass grading</td>
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<td>November 22</td>
<td>♦ Last day to drop a second-half course</td>
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<td>November 25-29</td>
<td>♦ Thanksgiving Break</td>
</tr>
<tr>
<td>December 16-20</td>
<td>♦ <strong>FINAL EXAM WEEK</strong></td>
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A complete listing of academic dates is available at [http://www.registrar.iastate.edu/calendar/cal-fall13](http://www.registrar.iastate.edu/calendar/cal-fall13)
ACTIVITY REPORT (complete both sides)

Name________________________________________

You are required to attend TWO of the following five activities:

Club Fest
Volunteer Fair
Study Abroad Fair
Business, Industry, and Technology Career Fair
People-to-People Career Fair

Activity #1:____________________________________  Date________________________

Please list 4 displays that you looked at in depth:

1.
2.
3.
4.

Please list the two displays that interested you most (e.g., clubs you would like to join, agencies you would like to work at or volunteer for, countries in which you would like to study, companies you would like to work for) and describe WHY you were drawn to that activity or organization:

1.

2.
Activity #2:_________________________________________  Date________________________

Please list 4 displays that you looked at in depth:

1. 
2. 
3. 
4. 

Please list the two displays that interested you most (e.g., clubs you would like to join, agencies you would like to work at or volunteer for, countries in which you would like to study, companies you would like to work for) and describe WHY you were drawn to that activity or organization:

1. 

2. 

You are required to attend two of the following events to become acquainted with Psychology Department faculty and students. Please check the events you attended.

_____ Psychology Club Picnic

_____ Ice Cream Social

_____ Peer Mentor Planned Social Activity