Ezza Melina Mustaffa

PSYCH UNDERGRADS WHO HAVE CHOSEN UNIQUE ADVENTURES

Ezza is a senior majoring in Psychology. She is interested in helping with social issues across the world. She would like to raise awareness and break the stigma surrounding mental health. After graduating, Ezza intends to obtain a PhD in Counseling Psychology. Contact her at ezzamel@iastate.edu if you are interested in learning about her experiences.

What has been your favorite Psych class or academic project?

If I had to choose only one it would be Psych 383, Psychology & Law, with Dr. Madon. Since I began working in Dr. Madon’s lab in 2012, it sparked my interest even more in learning about criminal confession and interrogation. One of my biggest interests is criminology and law and so I would say this class was a perfect fit for that because it covers topics from criminal profiling to false confession and insanity defense. It is interesting too since I watch a lot of TV shows like Criminal Minds, Law & Order, and CSI. I could relate it to what I had learned in class.

What is your favorite part about being an ISU student?

My favorite part about being a student here is being surrounded by such a tight knit community - from the professors to my peers. The amount of purposeful relationships that are available is incredible. I have been impacted tremendously by these relationships, and they have grown me into the person I am today. It’s an honor to be part of the ISU family and it’s very enriching to be surrounded by such a beautiful campus!

Advice to younger students:

As an international student who transferred from Malaysia, there were times where things would get very challenging but Iowa State University has become a second home to me now. Being in a different country and surrounded by different cultures, languages have opened up my mind - allowing me to appreciate and learn how to embrace diversity even more. I learned that we are a lot more alike than different.

Know another awesome Psych student who should be highlighted? Contact Psych Advising: psychadv@iastate.edu