

Nathaniel G. Wade

Department of Psychology
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Curriculum Vita

Education

PhD

Virginia Commonwealth University, Richmond, VA
Doctor of Philosophy in Counseling Psychology, 2003

- Subspecialty: Intervention Research
- Internship: Completed July, 2003
Center for Counseling and Student Development
University of Delaware
- Licensed Psychologist in Iowa: License #01000.

MS

Virginia Commonwealth University, Richmond, VA
Master of Science in Counseling Psychology, 2000

BA

Wheaton College, Wheaton, IL
Bachelor of Arts in Psychology, 1994

Professional Appointments

Associate Professor

May 2009 - present

Iowa State University, Ames, Iowa

Assistant Professor

August 2003 – May 2009

Iowa State University, Ames, Iowa

Director

August 2005 – present

Network: A Group Counseling Program, Ames, Iowa
www.psychology.iastate.edu/~network.htm

Publications

Referred Journal Articles

* indicates student collaborators

43. **Wade, N.G.**, Post, B.C., * Cornish, M.A., * Vogel, D.L. & Tucker, J.* (in press). Predictors of the change in self stigma following a single session of group counseling. *Journal of Counseling Psychology*.

42. Armistead-Jehle, P., Johnston, S.L., **Wade, N.G.**, & Ecklund, C. (in press). Posttraumatic stress symptoms in U.S. marines: The role of unit cohesion and combat exposure. *Journal of Counseling and Development*.

41. Hackler, A.,* Vogel, D.L., & **Wade, N.G.** (2010). Attitudes toward seeking professional help for an eating disorder: The role of stigma and anticipated outcomes. *Journal of Counseling and Development, 88*, 424-431.
40. Cornish, M.A.* & **Wade, N.G.** (2010). Spirituality and religion in group counseling: A literature review with practice guidelines. *Professional Psychology: Research and Practice, 41*, 398-404.
39. Blocher, W. G.* & **Wade, N.G.** (2010). Sustained effectiveness of two brief group interventions: Comparing an explicit forgiveness-promoting treatment with a process-oriented treatment. *Journal of Mental Health Counseling, 32*, 58-74.
38. Vogel, D.L., Shechtman, Z., & **Wade, N.G.** (2010). The role of public and self-stigma in predicting attitudes toward group counseling. *The Counseling Psychologist, 38*, 904-922.
37. **Wade, N.G.** (2010). Introduction to the Special Section on Forgiveness in Therapy. *Journal of Mental Health Counseling, 32*, 1-4.
36. Shechtman, Z., **Wade, N.G.**, & Khoury, A. (2009). Effectiveness of a forgiveness program for Arab Israeli adolescents in Israel: An empirical trial. *Peace and Conflict: Journal of Peace Psychology, 15*, 415-438.
35. Vogel, D.L., **Wade, N.G.**, & Ascheman, P.* (2009). Measuring perceptions of stigmatization by others for seeking psychological help: Reliability and validity of a new stigma scale with college students. *Journal of Counseling Psychology, 56*, 301-308.
34. **Wade, N.G.**, & Meyer, J.E.* (2009). Comparison of brief group interventions to promote forgiveness: A pilot outcome study. *International Journal of Group Psychotherapy 59*, 199-220.
33. **Wade, N.G.**, Worthington, E.L., Jr., & Haake, S.* (2009). Comparison of explicit forgiveness interventions with an alternative treatment: A randomized clinical trial. *Journal of Counseling and Development, 87*, 143 – 151.
32. **Wade, N.G.**, Meyer, J.E.,* Goldman, D.* and Post, B.C.* (2009). Predicting forgiveness for a difficult offense before and after treatment: The role of religious commitment, offender regret, and trait forgivingness. *Journal of Psychology and Christianity, 27*, 358-367.
31. Post, B.C.* & **Wade, N.G.** (2009). Religion and spirituality in psychotherapy: A practice-friendly review of research. *Journal of Clinical Psychology, 65*, 131-146.
30. Vogel, D.L. & **Wade, N.G.** (2009). Stigma and seeking help: Its not just about what others think. *The Psychologist, 22*, 20-23.
29. **Wade, N.G.**, Vogel, D.L., Liao, K.,* & Goldman, D.* (2008). Measuring state-specific rumination: Development of the Rumination about an Interpersonal Offense Scale. *Journal of Counseling Psychology, 55*, 419-426.

28. Vogel, D. L., **Wade, N. G.**, & Hackler, A. H. (2008). Emotional expression and the decision to seek counseling: The mediating role of the anticipated consequences. *Journal of Social and Clinical Psychology, 27*, 254-278.
27. **Wade, N.G.**, Johnson, C.V., & Meyer, J.E.* (2008). Understanding the concerns about the use of interventions to promote forgiveness in therapy: A review of the literature. *Psychotherapy: Theory, Research, Practice, Training, 45*, 88 – 102.
26. Johnson, C.V., Hayes, J., & **Wade, N.G.** (2007). Psychotherapy with troubled spirits: A consensual qualitative investigation of spiritual problems in therapy. *Psychotherapy Research, 17*, 450-460.
25. Vogel, D.L., **Wade, N.G.**, Wester, S., Larson, L. & Hackler, A.* (2007). Seeking help from a mental health professional: The influence of one's social network. *Journal of Clinical Psychology, 63*, 233-245.
24. Vogel, D.L., **Wade, N.G.**, & Hackler, A. H.* (2007). The mediating role of self-stigma associated with seeking help on intentions to seek counseling. *Journal of Counseling Psychology, 54*, 40-50.
23. **Wade, N.G.**, Worthington, E.L., Jr., & Vogel, D.L. (2007). Effectiveness of religiously-tailored interventions in Christian therapy. *Psychotherapy Research, 17*, 91-105.
22. Vogel, D.L., Wester, S.R., Larson, L.M., & **Wade, N.G.** (2006). An information processing model of the decision to seek professional help. *Professional Psychology: Research and Practice, 37*, 398-406.
21. Vogel, D.L., **Wade, N.G.**, & Haake, S.* (2006). Measuring the self-stigma associated with seeking psychological help. *Journal of Counseling Psychology, 53*, 325-337.
20. **Wade, N.G.** & Goldman, D.* (2006). Sex, group composition, and the efficacy of interventions to promote forgiveness. *Group Dynamics: Theory, Research, and Practice, 10*, 297-308.
19. **Wade, N.G.**, Bailey, D.,* & Shaffer, P.* (2005). Helping clients heal: Does forgiveness make a difference? *Professional Psychology: Research and Practice, 36*, 634-641.
18. **Wade, N. G.** & Worthington, E. L., Jr. (2005). In search of a common core: A content analysis of interventions to promote forgiveness. *Psychotherapy: Theory, Research, Practice, Training, 42*, 160-177.
17. Berry, J.W., Worthington, E.L., Jr., **Wade, N.G.**, Witvliet, C.v.O., & Kiefer, R.* (2005). Forgiveness, moral identity, and perceived justice in crime victims and their supporters. *Humboldt Journal of Social Relations, 29*, 137-163.
16. Berry, J.W., Worthington, E.L., O'Connor, L.E., Parrott, L. III, & **Wade, N.G.** (2005). Forgiveness, vengeful rumination, and affective traits. *Journal of Personality, 73*, 183-225.

15. **Wade, N. G.** & Worthington, E. L., Jr. (2003). Overcoming unforgiveness: Is forgiveness the only way to deal with unforgiveness? *Journal of Counseling and Development*, 81, 343-353.
14. Worthington, E.L., Jr., **Wade, N.G.**, Hight, T.L., Ripley, J.S., McCullough, M.E., Berry, J.W., Schmitt, M.M., Berry, J.T., Bursley, K.H., O'Connor, L. (2003). The Religious Commitment Inventory-10: Development, refinement, and validation of a brief measure for research and counseling. *Journal of Counseling Psychology*, 50, 84-96.
13. Berry, J. W., Worthington, E. L., Jr., Parrot, L., O'Connor, L. E., & **Wade, N. G.** (2001). Dispositional forgivingness: Development and construct validity of the Transgression Narrative Test of Forgivingness (TNTF). *Personality and Social Psychology Bulletin*, 27, 1277-1290.
12. Worthington, E. L., Jr., & **Wade, N.G.** (1999). The social psychology of unforgiveness and forgiveness and the implications for clinical practice. *Journal of Social and Clinical Psychology*, 18, 385 - 418.
11. McMinn, M. R. & **Wade, N. G.** (1995). Beliefs about the prevalence of dissociative identity disorder, sexual abuse, and ritual abuse among religious and nonreligious therapists. *Professional Psychology: Research and Practice*, 26, 257 - 261.

Book Chapters

10. Rye, M., **Wade, N.G.**, Fleri, A.*, & Kidwell, J.E.M.* (accepted). The role of religion and spirituality in positive psychology interventions. In K.I. Pargament (Ed.). *Positive Psychology and Religion*. Washington, DC: APA Books.
9. **Wade, N.G.** & Kidwell, J.E. (in press). *Understanding forgiveness in the lives of religious people*. In *Forgiveness: Probing the Boundaries*. Oxford, England: Interdisciplinary Press.
8. **Wade, N.G.**, Post, B.C., & Cornish, M.A. (2010). Forgiveness therapy to treat embitterment: A review of relevant research. In M. Linden and A. Maercker (Eds.). *Embitterment: From biology to society*. (pp.197-207). Vienna: Springer.
7. Leach, M.M., Aten, J.D., **Wade, N.G.**, & Hernandez, B.C. (2009). Noting the importance of spirituality during the clinical intake. In J.D. Aten and M.M. Leach (Eds.). *Spirituality and the therapeutic process: A guide for mental health professionals* (pp.75-92). Washington, DC: APA Books.
6. Worthington, E.L., Jr., Hook, J.N.*, **Wade, N.G.**, Miller, A.J.*, & Sharp, C.B.* (2006). The effects of a therapist's religion on the marriage therapist and marriage counseling. In J. D. Onedera (Ed.), *The Role of Religion in Marriage and Family Counseling* (pp.17-34). New York: Routledge.
5. **Wade, N.G.**, Worthington, E. L., Jr., & Meyer, J. E.* (2005). But do they work?: A meta-analysis of group interventions to promote forgiveness. In E.L. Worthington, Jr. (Ed.). *Handbook of Forgiveness* (pp. 423-439). New York: Brunner/Routledge.

4. Kliever, W., **Wade, N. G.**, & Worthington, E. L., Jr. (2003). Religion and spirituality in children. In T. Gullotta & M. Blum (Eds.), *Encyclopedia of Primary Prevention and Health Promotion*. (pp. 859-867) New York: Kluwer Academic.
3. Kliever, W., **Wade, N. G.**, & Worthington, E. L., Jr. (2003). Religion and spirituality in adolescents. In T. Gullotta & M. Blum (Eds.), *Encyclopedia of Primary Prevention and Health Promotion*. (pp. 867-872) New York: Kluwer Academic.
2. **Wade, N. G.**, Worthington, E. L., Jr., & Kliever, W. (2003). Religion and spirituality in adults. In T. Gullotta & M. Blum (Eds.), *Encyclopedia of Primary Prevention and Health Promotion*. (pp. 872-881) New York: Kluwer Academic.
1. **Wade, N. G.**, Worthington, E. L., Jr., & Kliever, W. (2003). Religion and spirituality in older adults. In T. Gullotta & M. Blum (Eds.), *Encyclopedia of Primary Prevention and Health Promotion*. (pp. 881-889) New York: Kluwer Academic.

Manuscripts under Review

- Cornish, M.A.* & **Wade, N.G.** (2010). *The integration of spirituality and religion in group therapy: Practitioners' perceptions and practices*. Manuscript under review with *Journal of Counseling Psychology*. (revise and resubmit)
- Kaplan, S.,* Vogel, D.L., Gentile D., & **Wade, N.G.** (2010). *Testing the effectiveness of a video intervention to improve perceptions of seeking help: The importance of repeated exposure*. Manuscript under review with *The Counseling Psychologist* (revise and resubmit)
- Kidwell, J.E.,* **Wade, N.G.**, & Blaedel, E.* (2010). *Understanding forgiveness in the lives of religious people: The role of sacred and secular elements*. Manuscript under review with *Counseling and Values*.
- Wei, M., Tusn-Yao, K., Chen, H., **Wade, N.G.**, Liao, K.Y.*, Guo, G. (2010). *Chinese Christians in America: Attachment to God, perceived stress, life satisfaction and positive and negative affect*. Manuscript under review.

Manuscripts in Preparation

- Blocher, W.G. & **Wade, N.G.** (2010). *Effectiveness of an outreach program that enhances college students' help-seeking attitudes and intentions*. Iowa State University, Ames, IA.
- Brandau, D.,* & **Wade, N.G.** (2010). *Modeling meaning in life, psychosocial resources, and relationship satisfaction*. Iowa State University, Ames, IA.
- Post, B.C.* & **Wade, N.G.** (2010). *Addressing religious and spiritual issues in group counseling: Clients' beliefs and preferences*. Iowa State University, Ames, IA.
- Goldman, D.* & **Wade, N.G.** (2010). *Comparison of psychoeducational interventions to promote forgiveness: A randomized clinical trial*. Iowa State University, Ames, IA.

- Wade, N.G.,** Hoyt, W., Meyer, J.E.,* & Worthington, E.L., Jr. (2010). *Meta-analysis of explicit forgiveness interventions: Main effects and moderators*. Iowa State University, Ames, IA.
- Witvliet, C., **Wade, N.G.,** Worthington, E.L., Jr., & Berry, J.W. (2010). *Perpetrator apology and restitution as influences in unforgiveness and forgiveness by robbery victims: Physiological and self-report data in imagined scenarios*. Hope College, Holland, MI.
- Worthington, E.L., Jr. Berry, J.W., Miller, A.J., Sharp, C.B., Canter, D.E., Hook, J.N. Davis, D.E., Scherer, M., Campana, K.L., **Wade, N.G.,** Yarhouse, M., & Ripley, J.S. (2010). *Forgiveness-reconciliation and communication-conflict-resolution interventions versus retested controls in early married couples*. Virginia Commonwealth University, Richmond, VA.

Presentations (first or student authored)

- Cornish, M.A. & Wade, N.G. (2010, August). *Religion and spirituality in group counseling: Practitioners' perceptions and practices*. Paper presented at the annual convention for the American Psychological Association, San Diego, CA.
- Wade, N.G. & Kidwell, J.E. (2010, July). *Understanding forgiveness in the lives of religious people*. Presentation to the Third Global Conference on Forgiveness. Mansfield College, Oxford University, Oxford, England.
- Wade, N.G. (2010, April). *Helping the hurting: Understanding and promoting forgiveness*. Invited colloquium to the Psychology Department of Western Illinois University, Macomb, IL.
- Kidwell, J.E., Wade, N.G. & Blaedel, E. (2010, April). *Understanding forgiveness in the lives of religious people: The role of sacred and secular elements*. Poster presented at the Minnesota Psychological Association Annual Convention; Plymouth, Minnesota.
- Wade, N.G. (2009, October). *Forgiveness in therapy: The science and practice of helping clients forgive*. Invited to give the annual, endowed Scandrette Lecture. Wheaton College, Wheaton, IL.
- Wade, N.G. & Post, B.C. (2009, April). *Forgiveness therapy as treatment for embitterment*. Invited colloquium for the International Scientific Conference on Embitterment and Mental Disorders. Berlin, Germany.
- Bailey, D.C., Wade, N.G., Maier, J.A., Schobitz, R.P. (2008, March). *Faith and forgiveness as shields of protection for combat soldiers*. Poster presented at the annual International Counseling Psychology Conference, Chicago, IL.
- Wade, N.G. (2008, February). *The psychology of forgiveness in clinical practice: The benefits and pitfalls of helping clients forgive*. Invited Symposium for the Annual Integrative Lecture Series. George Fox University, Portland, OR.

- Brandau, D. M., Wade, N. G., & Wei, M. (2007, August). *Structural equation model of life meaning and relationship satisfaction*. Poster session presented at the annual American Psychological Association convention, San Francisco, CA.
- Wade, N.G. (2007, March). *Group Counseling: Overcoming the Stigma and Understanding the Benefits*. Radio interview on "Talk of Iowa" with Katherine Perkins. WOI Radio. Ames, IA.
- Wade, N.G. (2006, February). *Group treatment to promote forgiveness: Comparing explicit interventions with general psychotherapy*. Paper presented at the Annual Meeting for the American Group Psychotherapy Association. San Francisco, CA.
- Meyer, J.E. & Wade, N.G. (2005, May). *Meta-analysis of studies of interventions to promote forgiveness*. Paper presented at the Annual Meeting of the Midwest Psychological Association. Chicago, IL.
- Wade, N.G. (2005, March). *Forgiveness: Theory, research, and practice*. Radio interview on "Talk of Iowa" with Katherine Perkins. WOI Radio. Ames, IA.
- Zakalik, R. & Wade, N.G. (2005, February). *What works in the promotion of forgiveness*. Paper presented at the Annual Meeting for the American Group Psychotherapy Association. New York, NY.
- Wade, N.G. (2005, February). *The psychological study of religion and spirituality*. Presentation given to the Religious Leaders Association, Iowa State University, Ames, IA.
- Wade, N.G. (2004, August). *Applied research on forgiveness: Implications for therapy*. Chair of symposium presented at the Annual Convention for the American Psychological Association, Honolulu, HI.
- Wade, N.G., Bailey, D., & Shaffer, P. (2004, August). *Forgiveness in therapy: Prevalence and outcome data*. Paper presented at the Annual Convention for the American Psychological Association, Honolulu, HI.
- Wade, N. G. & Worthington, E.L., Jr. (2003, March). *Spiritual and religious interventions in therapy: An effectiveness study of Christian counseling*. Paper presented at the American Psychological Association, Division 36, Mid-Winter Conference on Religion and Spirituality. Baltimore, MD.
- Wade, N.G. (2002, November). *Spirituality and psychotherapy: Historical perspectives and current practice*. Radio interview on weekly show "Shrink Rap," WVUD. University of Delaware, Newark, DE.
- Wade, N.G. (2002, October). *The science and practice of forgiveness interventions: What we know about helping clients to forgive*. Colloquium presented to the Center for Counseling and Student Development, University of Delaware. Newark, DE.
- Wade, N. G. & Worthington, E.L., Jr. (2001, March). *Predictors of unforgiveness and forgiveness for difficult offenses*. Paper presented at the National Convention of the Christian

Association for Psychological Studies. Richmond, VA.

Wade, N. G. & Worthington, E.L., Jr. (2000, November). *Group interventions to promote forgiveness: A content analysis*. Paper presented at the meeting of the Christian Association for Psychological Studies-East region. Waymart, PA. (Runner-up outstanding graduate student research paper.)

Wade, N. G. & Worthington, E.L., Jr. (1999, October). *Gratitude Involving Forgiveness: The impact of thankfulness on the process of forgiveness*. Paper presented at the meeting of the Christian Association for Psychological Studies-East region. North East, MD. (Winner outstanding graduate student research paper.)

Wade, N. G., Worthington, E.L., Jr., Berry, J.W., & Hight, T. (1999, October). *Religious interventions in counseling with religious and nonreligious clients*. Paper presented at the meeting of the Christian Association for Psychological Studies-East region. North East, MD.

Wade, N. G. & Worthington, E.L., Jr. (1998, November). *The social psychology of unforgiveness and forgiveness and implications for clinical practice*. Paper presented at the meeting of the Christian Association for Psychological Studies-East region, Waymart, PA. (Winner outstanding graduate student paper.)

Wade, N. G. (1998, October). *The interpersonal process of unforgiveness and forgiveness*. Colloquium presented to graduate students of the psychology department at Virginia Commonwealth University. Richmond, VA.

Grants

External Grants Funded

Nikki Bado, Dennis Chamberlain, & Nathaniel Wade
 United States-Japan Foundation
 “Ritual Praxis and the Body of Belief: Exploring Folk Praxis of the Shikoku Pilgrimage”
 Funded (January 2011 – July 2011) \$37,170

Nathaniel Wade (PI)
 Fetzer Institute, Kalamazoo, Michigan
 “Attachment Style, Cohesiveness, and Interventions to Promote Forgiveness”
Funded (May 2009 – April 2012) \$74,912

Nathaniel Wade (PI)
 Fetzer Institute, Kalamazoo, Michigan
 “Fetzer Forgiveness Network: Seed Grant to Develop Research on Forgiveness”
Funded (October 2008 – October 2011) \$7,800

Internal Grants Funded

Nathaniel Wade (PI)
 College of Liberal Arts and Sciences, Iowa State University
 “Clinical Trial of a Male-Tailored Forgiveness Intervention”
Funded (July 2006 – June 2007) \$14,350

Nathaniel Wade (PI)
 Center for the Study of Violence, Iowa State University
 “Reducing Aggression and Violence in Men and Women by Promoting Forgiveness”
Funded (December 2005 – December 2006) \$9,310

Nathaniel Wade (PI)
 Institute for Social and Behavioral Research, Iowa State University
 “Gender and Interventions to Promote Forgiveness”, *Mentored Grant Writing Program*
Funded Research Fellow, Summer 2005 \$5,400

Nathaniel Wade (PI)
 College of Liberal Arts and Sciences, Iowa State University
 “Intervention Efficacy: Comparison of a Forgiveness Workshop with Group Psychotherapy”
Faculty Research Grant (2004 - 2005) \$2000

Grants Not Funded

Zippora Shechtman (PI) and Nathaniel Wade (Co-PI)
 “Group Interventions to Promote Forgiveness in Israeli Youth of Arab and Jewish Descent”
 Abraham Foundation, Israel (2007) \$25,000

Nathaniel Wade (PI) “Forgiveness Intervention Research: Development of Effective Interventions” National Institutes of Health: Loan Repayment Program (2007)	\$18,000
Nathaniel Wade (PI), Carolyn Cutrona, Daniel Russell, and David Vogel (Co-PI’s) “Clinical Trial of Interventions to Promote Forgiveness for Men and Women” National Institute of Mental Health: B/START (2007)	\$73,000
Zippora Shechtman (PI), Carolyn Cutrona (Co-PI) and Nathaniel Wade (Co-PI) “Group Counseling Intervention to Increase Perceived Social Support” United States-Israel Binational Science Foundation (2006)	\$100,000
Nathaniel Wade (PI) “Forgiveness and Spirituality in Therapy” Templeton Positive Psychology Fellows Program (Spring 2005)	\$20,000
Susan Cross (PI), Nathaniel Wade (Co-PI), and Kari Terzino (Co-PI) “The Process and Result of Forgiveness in Violent Relationships” American Psychological Foundation (Spring 2005)	\$9950

Journal Review

Editorial Board

<i>The Counseling Psychologist</i>	2009 - present
<i>Journal of Counseling Psychology</i>	2010 - present
<i>Group Dynamics: Theory, Research, and Practice</i>	2010 - present

Ad hoc Reviewer

Journal of Positive Psychology
Psychotherapy Research
Journal of Consulting and Clinical Psychology
Journal of Personality and Social Psychology
Personality and Social Psychology Bulletin
Personality and Individual Differences
Anxiety, Stress, and Coping
Journal of Psychology and Theology
Journal of Psychology and Christianity
Psychology of Women Quarterly

Teaching Experience

(Teaching Portfolio available upon request)

Undergraduate Courses Taught:

Psychology of Religion (ISU¹, VCU²)
Independent Study: Psychology and Religion (ISU)
History of Psychology (ISU)
Introduction to Psychology (Lab, VCU)
Research Practicum (ISU)
Independent Study: Exploration of Religion and Psychotherapy (ISU)

Graduate Courses Taught:

Group Counseling and Psychotherapy (ISU)
History and Philosophy of Psychology (ISU)
Group Counseling Practicum (ISU)
Individual Counseling Practicum (ISU)
Statistics in Psychological Research (Lab, VCU)
Design and Analysis of Psychological Research (Lab, VCU)

Clinical Experience

Director	<i>Network: A Group Counseling Program</i>
Post-Doctoral Intern	<i>Student Counseling Services, Iowa State University</i>
Pre-Doctoral Intern	<i>Center for Counseling & Student Devel., Univ. of Delaware</i>
Consultant	<i>Workplace Initiatives Program, Richmond, VA</i>
Psychology Assistant	<i>Central State Hospital of Virginia, Petersburg, VA</i>
Marital Enrichment Consultant	<i>Virginia Commonwealth University, Richmond, VA</i>
Addictions Counselor	<i>Awakenings Counseling Program, Timonium, MD</i>
Addictions Counselor	<i>Cecil County Health Department, Elkton, MD</i>

Service

LAS Sustainability Committee 2008- present	<i>Iowa State University, Ames, IA</i> Selected by the Dean to serve as a member of the committee created to advise the College on ways to reduce waste and energy consumption.
Faculty Enhancement Committee August 2008 – present	<i>Iowa State University, Ames, IA</i> Chaired the committee that nominates departmental faculty for College and University awards.

¹ Iowa State University

² Virginia Commonwealth University

LAS Diversity Committee March 2005 – May 2008	<i>Iowa State University, Ames, IA</i> Participated as the Psychology Department Representative on the Committee for Diversity in the College of Liberal Arts and Sciences.
Psi Chi Faculty Advisor August 2004 – present	<i>Iowa State University, Ames, IA</i> Advised members of the psychology honor society Psi Chi in the operation of our local chapter.
Faculty Search Committee 2003-2004, 2005-2006	<i>Iowa State University, Ames, IA</i> Conducted search for faculty position in counseling psychology.
Faculty Search Committee 2006-2007	<i>Iowa State University, Ames, IA</i> Conducted search for faculty position in social psychology.
Curriculum Committee September 2000 – May 2001	<i>Virginia Commonwealth University, Richmond, VA</i> Reviewed curriculum for the Counseling Psychology PhD program.
APA Accreditation Committee September 1998 – September 1999	<i>Virginia Commonwealth University, Richmond, VA</i> Assisted in the collection, assessment, and presentation of data about the Counseling Psychology Program's effectiveness.

Honors and Awards

Early Career Research Award Iowa State University, Liberal Arts and Sciences	2010
Kentner Fritz Junior Faculty Exceptional Research Productivity Award Iowa State University, Department of Psychology	2009
Margaret Gorman Early Career Award Division 36, Psychology of Religion American Psychological Association	2008
Early Achievement in Teaching Award Iowa State University, College of Liberal Arts and Sciences	2007
Exceptional Teaching at the Undergraduate Level Iowa State University, Department of Psychology	2006
Mentored Grant Writing Program Research Fellow	2005
Council of Counseling Psychology Training Programs Outstanding Counseling Psychology Student of the Year Honorable Mention	2003
Graduate Student Teacher of the Year VCU Department of Psychology	2003
Outstanding Counseling Student VCU Department of Psychology	2002

Phi Kappa Phi Academic Excellence Award-Master's	1999
American Psychological Foundation Thesis Grant	1999
VCU Psychology Department Co-nominee	

Professional Associations

American Psychological Association - Member
Division 17: Society of Counseling Psychology
Division 36: Psychology of Religion
Society for Psychotherapy Research – Member