

# Final Exam Review

---

NOTE: This is not an exhaustive list of topics, but represents an overview of most of the content areas for the final. Please study the readings and the notes from the lectures.

## Important Topics from Parts I & II

---

- Outline of the History of this Field
- Glock's 5 Dimensions of Rel. Commitment
- Different Understanding of Myth
- Different Types of Conversion
- Fowler's Stages
- Religious Orientation and Grand Paradox
- Stace's elements of Mystical Experience
- Causal Theories Relating Religion to Health

# Psychology of Forgiveness

---

- Definition of Forgiveness
  - What it is
  - What it is NOT
- Forgiveness and Reconciliation
- Predictors of Forgiveness
- Treatment Promoting Forgiveness

# Religion Gone Bad

---

- Psychological anatomy of harmful religion
  - Personality, Cognitive, Social, Ethical/Moral
- Ways in which religion fails
  - One-sidedness
  - Deception
  - Errors of Explanation
  - Errors of Control

# Religion and Counseling

---

- Possible relationships between religion and mental health (from Chapter 16)
- Dealing with religious issues in therapy
  - Ignore (traditional psychotherapy)
  - Explicit (religiously-integrated therapy)
  - Implicit (religious-accommodating therapy)
- Research on religion and counseling
  - Individual, Group therapists, Group clients

# New Religious Movements

---

- Definitions of “cult”
- Religious Typology
  - Church, Sect, and Cult
- Terminology debate
  - “Cult” vs. “NRM”
- Brainwashing: Theory and Critique
- Loftland and Stark’s Model
- Personality Factors in NRMs