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The first published use of the "Escape Motives Scale" will be in a series of studies currently in preparation for a chapter in the *Advances in Experimental Social Psychology* series. **Researchers may use this scale free of charge for research purposes.**

The current version of the scale has 10 items, some of which are reverse scored, as shown in the second version below. Note that the version given to research participants is labelled "Current Motives Scale."

We hope you find this scale useful in your research. I would love to see copies of your research papers that use this scale. Please send them to me at:

Craig A. Anderson, Ph.D.
Department of Psychology
Iowa State University
W112 Lagomarcino Hall
Ames, IA 50011-3180

Thank you!

Current Motives Scale

The following are several verbs. Please indicate to what extent you feel like doing what they suggest right now. Although some may be impossible actions for you to do right now, please mark how much you feel like performing them.

1	2	3	4	5
very slightly or not at all	a little	moderately	quite a bit	extremely

<input type="checkbox"/> abandon	<input type="checkbox"/> approach	<input type="checkbox"/> avert
<input type="checkbox"/> avoid	<input type="checkbox"/> begin	<input type="checkbox"/> confront
<input type="checkbox"/> continue	<input type="checkbox"/> delay	<input type="checkbox"/> depart
<input type="checkbox"/> desert	<input type="checkbox"/> disappear	<input type="checkbox"/> escape
<input type="checkbox"/> evacuate	<input type="checkbox"/> evade	<input type="checkbox"/> exit
<input type="checkbox"/> explore	<input type="checkbox"/> extend	<input type="checkbox"/> forsake
<input type="checkbox"/> improve	<input type="checkbox"/> listen	<input type="checkbox"/> leave
<input type="checkbox"/> move	<input type="checkbox"/> persist	<input type="checkbox"/> prolong
<input type="checkbox"/> pursue	<input type="checkbox"/> quit	<input type="checkbox"/> release
<input type="checkbox"/> relax	<input type="checkbox"/> resign	<input type="checkbox"/> retreat
<input type="checkbox"/> vanish	<input type="checkbox"/> withdraw	

Escape Motives Scale^a

The following are several verbs. Please indicate to what extent you feel like doing what they suggest right now. Although some may be impossible actions for you to do right now, please mark how much you feel like performing them.

1 very slightly or not at all	2 a little	3 moderately	4 quite a bit	5 extremely
<input type="checkbox"/> abandon		<input type="checkbox"/> approach ^c		<input type="checkbox"/> avert
<input type="checkbox"/> avoid		<input type="checkbox"/> begin ^b		<input type="checkbox"/> confront ^c
<input type="checkbox"/> continue ^c		<input type="checkbox"/> delay ^c		<input type="checkbox"/> depart
<input type="checkbox"/> desert		<input type="checkbox"/> disappear		<input type="checkbox"/> escape
<input type="checkbox"/> evacuate		<input type="checkbox"/> evade		<input type="checkbox"/> exit
<input type="checkbox"/> explore ^c		<input type="checkbox"/> extend ^c		<input type="checkbox"/> forsake
<input type="checkbox"/> improve ^b		<input type="checkbox"/> listen ^b		<input type="checkbox"/> leave
<input type="checkbox"/> move		<input type="checkbox"/> persist ^c		<input type="checkbox"/> prolong ^c
<input type="checkbox"/> pursue ^c		<input type="checkbox"/> quit		<input type="checkbox"/> release
<input type="checkbox"/> relax ^b		<input type="checkbox"/> resign		<input type="checkbox"/> retreat
<input type="checkbox"/> vanish		<input type="checkbox"/> withdraw		

Notes: ^a The scale is labelled “Current Motives Scale” when given to research participants.

^bIndicates a filler item not scored as part of the Escape Motives Scale.

^cItems that are to be reverse scored.